

*Welcome to Vang Vieng*

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 *rganic FARM*

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*Restaurant & Guesthouse*





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## *Thanks for visiting us!*

All our food is grown organically. No synthetic pesticides, fertilizers or other artificial chemicals or GMO varieties are used. We take pride in the high quality of our food and the healthy natural value it brings to our customers. Because our meals are prepared from scratch, it may take a little time to serve you. Please be patient.

In addition to organically growing mulberries, from which we make our famous mulberry tea, mulberry shakes, mulberry wine, mulberry pancakes, and mulberry leaf tempura, we also grow a wide variety of other fruits and vegetables. These include pineapples, bananas, mangoes, papaya, jackfruit, hibiscus, morning glory, beans, cucumber, chilies, lime, lemongrass, and mint.

We can substitute all meat dishes with vegetarian alternatives. Let us know of any other dietary restrictions. If you are looking for a complete Laos-style lunch or dinner, take a look at our set menu page – note that we do require a extra time to prepare these meals.

Please note that we do accept payment in U.S. dollars or Thai baht. However, as you can appreciate, we would prefer receiving Lao kip. Our exchange rate may not be comparable to what it is at a banking institution.



# Breakfast

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1. Muesli or Cornflakes with milk or yoghurt	10,000
2. Mulberry Pancake with honey please ask if you prefer another tropical fruit, e.g. mango, banana	15,000
3. Baguette (3-1 cold or 3-2 toasted)	3,000
4. Jam	3,000
5. Butter	3,000
6. Cheese	5,000
7. Plain Omelet with baguette	12,000
8. Omelet with mulberry leaves and baguette	15,000
9. Omelet with onion, tomato and baguette	17,000
10. Omelet with cheese and baguette	20,000
11. Omelet with cheese, onion, tomato and baguette	22,000
12. Two Boiled Eggs and baguette	10,000
13. Two Fried Eggs and baguette	10,000
14. Seasonal Fresh Fruit Plate	10,000

# Set Menu

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## Set Breakfasts

45,000

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### Breakfast Set #1

Lao Coffee or  
Choice of Organic Green Tea  
Choice of Juice  
Choice of Egg  
Baguette with Butter & Jam  
Fresh Goat Cheese Sampler

### Breakfast Set #2

Lao Coffee or  
Choice of Organic Green Tea  
Choice of Juice  
Muesli or Cornflakes with  
Yoghurt or Milk  
Baguette with Butter & Jam  
Small Seasonal Fresh Fruit Plate

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### Breakfast Set # 3

Lao Coffee or choice of Organic Green Tea  
Choice of Juice  
Pancake (mulberry, banana, or mango) with Lemon, Butter & Honey  
Small Seasonal Fresh Fruit Plate

# Small Plates & Side Dishes



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14. Seasonal Fresh Fruit Plate	10,000
15. Mulberry Leaves Tempura served with honey and lemon sauce	12,000
16. Mixed Vegetable Tempura	15,000
17. Home-style French Fries homemade and served with ketchup	12,000
18. Potato Chips	12,000
19. Spring Rolls (19-1 fresh or 19-2 fried) served with a pineapple sauce	15,000
20. Lao Garden Salad with hard-boiled egg served with a sweet and sour dressing	15,000
21. Fried Morning Glory	15,000
22. Steamed Mango Leaves	15,000
23. Lao Spicy Green Papaya Salad	10,000
24. Sticky Rice (24-1 white or 24-2 black)	5,000
25. Steamed Rice (25-1 white or 25-2 black)	5,000

If you like things a bit more spicy, please ask for some chili sauce on the side.

# *Small Plates & Side Dishes*



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<u>26. Vegetable Sandwich</u>	<u>12,000</u>
<u>with 26-1 chicken, 26-2 tuna or 26-3 egg</u>	<u>15,000</u>
<u>27. Goat Cheese Sandwich (27-1 cold or 27-2 toasted)</u>	<u>25,000</u>
<u>28. Goat Cheese Plate with Baguette (28-1 cold or 28-2 toasted)</u>	<u>25,000</u>

# Soups



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29. Fresh Vegetable Soup with egg (29-1) or tofu (29-2)	15,000
with 29-3 chicken, 29-4 pork or 29-5 fish	20,000
30. Fresh Vegetable Noodle Soup with egg (30-1) or tofu (30-2)	17,000
with 30-3 chicken, 30-4 pork or 30-5 fish	22,000
31. Spicy Vegetable Soup (Tom Yum) with tofu and rice	20,000
with 31-1 chicken, 31-2 pork, 31-3 fish	25,000
32. Creamy Pumpkin Soup	10,000
33. Lao Bamboo Soup (depending upon availability)	10,000
34. Lao Mushroom Soup	10,000
35. Lao Noodle Soup	15,000
with 35-1 chicken, 35-2 pork, 35-3 fish	20,000
served with fresh lettuce and herbs which you can add to suit your taste	

# Entrees/Main Dishes



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36. Sate with 36-1 chicken, 36-2 pork or 36.3 tofu	20,000
served with peanut sauce and sticky rice or steamed rice	
37. Stir-Fried Seasonal Greens	17,000
with Lao style 37-1 chicken, 37-2 pork, 37-3 fish or 37-4 tofu	22,000
always with fresh mulberry leaves, even though the other greens will change with the seasons	
served with your choice of sticky rice, steamed rice or baguette	
37a. Stir-Fried Greens Curry with peanuts	17,000
with Lao style 37a-1 chicken, 37a-2 pork, 37a-3 fish or 37a-4 tofu	22,000
served with your choice of sticky rice, steamed rice or baguette	
38. Harvest Curry	20,000
with 38-1 chicken, 38-2 pork, 38-3 fish or 38-4 tofu	25,000
fresh produce from our garden in a heavenly yellow coconut cream curry	
served with your choice of sticky rice, steamed rice or baguette	
39. Home-fried Sticky Rice with egg	15,000
40. Vegetable Fried Rice with mushroom and egg	15,000
with 40-1 chicken, 40-2 pork, 40-3 fish or 40-4 tofu	20,000
ask for a little pineapple pieces to be included too for some added delight	
41. Chicken Kabob	25,000
served with your choice of sticky rice, steamed rice or baguette	
42. Vegetable Fried Noodles	15,000
with 42-1 chicken, 42-2 pork, 42-3 fish or 42-4 tofu	20,000

Please let us know if you want your meal medium spicy or hot like the Lao people eat it.

# Laos-style Entrees

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43. <u>Jeaow Mak Khua (spicy eggplant dip)</u>	<u>20,000</u>
served with sticky rice and steamed seasonal vegetables	
44. <u>Jeaow Hate (spicy mushroom dip)</u>	<u>20,000</u>
served with sticky rice and steamed seasonal vegetables	
45. <u>Laap (spicy minced meat with herbs)</u>	<u>25,000</u>
made with 45-1 chicken, 45-2 pork or 45-3 fish	
served with sticky rice and a steamed seasonal vegetable	
46. <u>Steamed Fish with 46-1 lemon or 46-2 mushrooms</u>	<u>35,000</u>
served with sticky rice and a steamed vegetable	

Please let us know if you would prefer medium spicy.

# Set Menu



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## Lao-style Lunch / Dinner

50,000

Try one of our Lao set meals for a delightful and authentic spicy experience.

**Minimum 2 people. Please order at least two hours ahead.**

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### Lao Set # 1

Small Bowl of Bamboo Soup or Lao Vegetable Soup  
(if bamboo not available we will suggest a substitute soup)

Glass of Mulberry or Star Fruit Wine

Laap  
made with Set 1-1 chicken, Set 1-2 pork or Set 1-3 fish  
spicy and served with sticky rice and a steamed seasonal vegetable

Coconut Sticky Rice with Mango, Banana or Pineapple  
or  
Refreshing Mulberry Shake

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### Lao Set # 2

Small Bowl of Pumpkin Soup or Lao Vegetable Soup

Glass of Mulberry or Star Fruit Wine

Mak Khun Jeaow  
(spicy eggplant dip served with sticky rice and two steamed seasonal vegetables)

Nam Vahn  
("Sweet Water" – a smooth tapioca dessert, with your favorite tropical fruit or mint)  
or  
Refreshing Mulberry Shake

# Teas, Coffee and Shakes



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47. Organic Mulberry Tea (47-1 iced or 47-2 hot)	5,000
our specialty – a healthy, refreshing drink – made from our Farm’s mulberry leaves, hand-dried daily	
48. Organic Hibiscus Tea	10,000
iced and extremely refreshing	
49. Fresh Organic Green Teas	5,000
mint, lemongrass, ginger, passiflora, or orthosiphon	
50. Organic Lao Coffee (50-1 cup)	10,000
50-2 cup with sweetened creamer	15,000
50-3 iced coffee in a glass	15,000
51. Fresh Organic Fruit Shakes	10,000
<u>mulberry</u> is a house specialty, made from the sweet and succulent berry with hints of blackberry and blueberry	
<u>other delicious seasonal fruit shakes:</u> star fruit, banana, pineapple, mango, papaya, apple, jackfruit, coconut, and coconut mint	
(if you think of another fruit not listed, ask; we may be able to shake it up for you.)	
52. Fresh Fruit Juices	10,000
star fruit, passion fruit, orange, pineapple, lemon, papaya to name a few	

# Drinks

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53. Water (1½ liter)	6,000
54. Water (½ liter)	4,000
55. Soft Drinks soda water, tonic water, Pepsi, Coke, Diet Coke, 7-Up, Sprite	7,000
56. Mulberry Wine (glass) depends on availability	10,000
57. Star Fruit Wine (glass) depends on availability	8,000
58. Lao Lao (a shot glass)	5,000
59. Banana Liqueur (small glass)	7,000
60. Beer Laos (large)	12,000
61. Beer Laos (small)	8,000
62. Beer Laos Gold (large)	15,000
63. Fresh Fruit Zinger Shake with banana liqueur	12,000
64. Fresh Mulberry Zinger Shake with Lao Lao	15,000

# Desserts

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64. Coconut Sticky Rice with mango, banana or pineapple always a favorite	15,000
65. Nam Vahn "Sweet Water" – a smooth tapioca dessert with your favorite tropical fruit or mint	15,000
66. Thin Pancake with chocolate and banana	10,000
67. Fried Banana with banana liqueur	10,000
68. Sangaya "Sweet Pumpkin" with coconut	5,000

Otherwise, you may choose from one of our refreshing shakes or after-dinner drinks.